

# Join the National Ski Patrol at Four Lakes Alpine Snowports Area

## Free Training:

1. All first aid (Outdoor Emergency Care) and CPR (Cardiopulmonary Resuscitation) 8-10 weeks (80 hours)
2. Annual Refresher update for above (1 day/6-8 hours)
3. Toboggan/Hill training with Ski Patrol (4-6 weeks/seasonal)
4. Skiing proficiency with (P.S.I.A.) Ski Instructors available
5. Education Electives available upon certification: Mountain Travel and Rescue, Avalanche Fundamentals and Rescue, Instructor Mentoring, and many more enrichment seminars...

## "Professional/Cost" Discount:

Receive "pro form"/wholesale pricing from participating manufacturers and retailers, or order equipment and clothing from NSPS Catalog.

## Qualify For Tax Discount:

As a non-for-profit/volunteer organization, receive a tax discount on travel and other expenses for local, national and international NSPS events.

## Free Lift Passes:

During training, receive a lift pass and equipment at no cost. Upon certification, you also get a "buddy" lift pass for your guest or immediate family. Discounted lift tickets are also available to NSPS members at many other areas.

## Candidate Requirements:

1. Be at least 16 years old.
2. Complete the OEC/CPR course.
3. Pass the Toboggan/Hill Training course.
4. Remit required annual registration fees (National and Area dues, approximately \$55.)
5. Purchase educational (OEC/CPR books, approximately \$85.)
6. Purchase NSPS uniform and first aid belt/vest (approximately \$250).

## Annual Requirements:

1. Complete Annual OEC/CPR Refresher.
2. Complete 4 hour On-The-Hill Refresher
3. Duty-day hours: Roster for one weeknight team (6:30-10 pm), includes 1 Saturday or Sunday (from 10 am – 7 pm), usually twice a month.
4. Volunteer an additional 8 hours (Ski Show)or (Sno Fest) suggested.
5. Remit annual membership dues.

## Contact Recruiter:

Joining and maintaining your membership the NSPS requires a significant degree of commitment to advance from a candidate to a fully trained Patroller, and to maintain your membership. If you would like to spend some time providing critical emergency first-responder care and help skiers and snowboarders enjoy one of our favorite sports, **please email** our recruiter, Jane Neumann at: [train\\_with\\_jane@yahoo.com](mailto:train_with_jane@yahoo.com), or leave a message at (312) 316-4489.